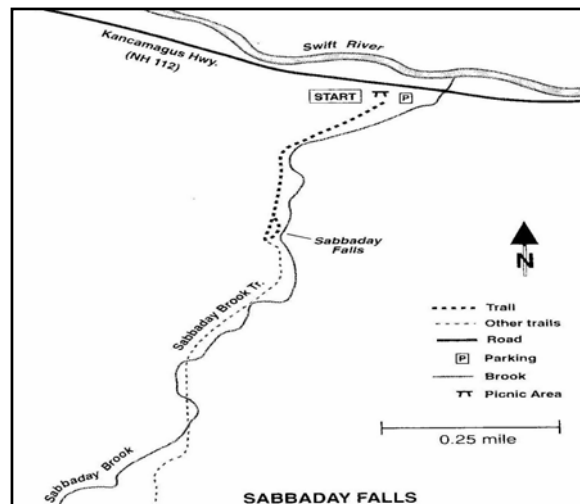


# Sabbaday Falls

**Easy Walk.** 0.4 mile (20 minutes to one hour trip)

**Location :** 19 miles east of Lincoln.

**Description :** A picturesque series of cascades in a narrow flume. Descriptive signs point out rock formations. There is a picnic area at the entrance of the trail. Reach the falls via a short, well marked loop off the Sabbaday brook trail. The .3 mile between the trailhead and the loop is wide and fairly flat. The trail follows the Sabbaday brook on a slight ascent. The well-marked loop to the falls goes off to the left, passing the lower pool before ascending the stone stairs in the flume. The loop crosses over a bridge, goes past the upper pool, and then returns to the main trail. Turn right for the short walk back to the parking area.



**Directions from Lincoln:** Take Rt 112 East 19 miles to Sabbaday Falls Parking area on right side of the road. The well maintained trail starts from parking area.



**Note :** This is a great hike to be shared with Rocky Gorge, 6 miles further east on Rt 112.