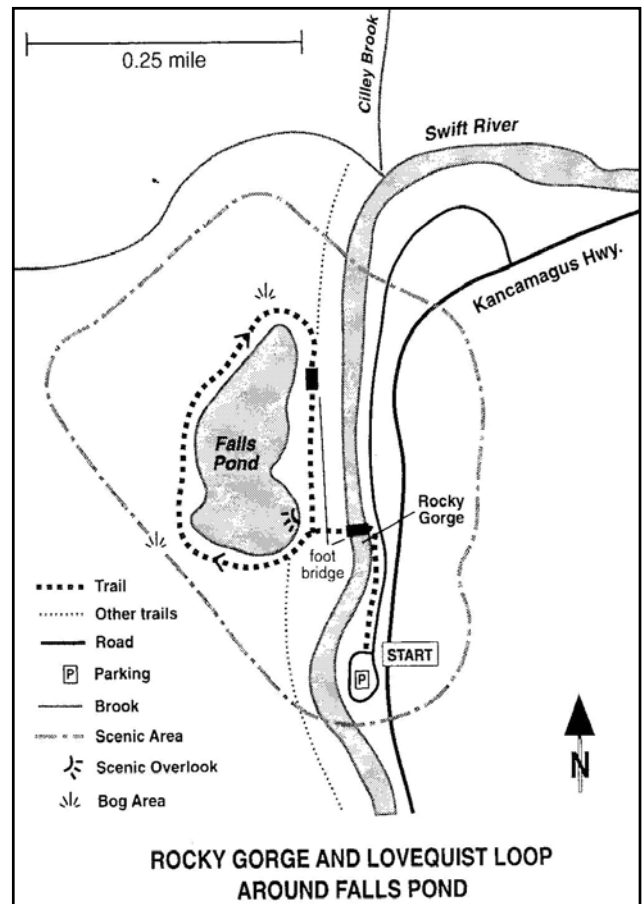


The Lovequist Loop Trail at Rocky Gorge

Easy 0.7 miles (1 hour round trip)

Location: 25 miles east of Lincoln at Rocky Gorge scenic area. From the parking area, walk northeast on the paved path along the river until you see the footbridge over Rocky Gorge. Cross the river, then stroll up wooden steps through hemlocks to get to the junction with the loop trail. Go up a small hill, then turn right at the next junction (sign saying “Around the pond”). You are high above the pond, but it's visible through tall spruces with very little understory. At another fork, veer slightly left and start heading downhill. Turn sharply right at a boggy area at the bottom of this hill. The trail goes through a small section of hardwoods roughly halfway around the loop,



then the spruces return. The trail crosses over a stream surrounded by a wetland with lots of sphagnum. Soon after, follow an arrow directing you back to Rocky Gorge. The trail passes over a solid wooden bridge at a rushing stream. At the end of the loop, turn left to return to Rocky gorge parking area.

Directions from Lincoln: Take Rt 112 East 25 miles to Rocky Gorge Scenic Area Parking area on left side of the road. The trail starts after foot bridge over rocky gorge.

Note : This is a great hike to be shared with Sabbaday Falls, 6 miles west on Rt 112.